



OAXACA

Design, people
and culture in Mexico



02.09–17.09
september 2022



ELISAVA HORIZONS

(CADA)
FOUNDATION

Elisava Horizons Oaxaca

DESIGN, PEOPLE & CULTURE IN MEXICO

Programme in collaboration
with CADA Foundation

LOCATION

Oaxaca, Mexico

WHEN

From 2nd to 17th of September
2022 (2 weeks)

REGISTRATION DEADLINE

20 July 2022

HOW MUCH

€ 1,750 (flights not included).
15% discount for Elisava
Alumni and Elisava Students.
The price includes insurance
during the stay in Oaxaca.

MINIMUM AND MAXIMUM NUMBER OF PARTICIPANTS

12 – 14

PROGRAMME DIRECTION

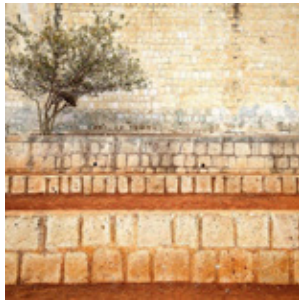
Carmen Malvar

LANGUAGE

Programme in English

Note: Out of respect and caution for
the artisan communities that will be
visited during the stay in Oaxaca,
students are requested to bring
a recent negative Covid-19
test result.

Oaxaca is synonymous of biological and cultural diversity. It is a paradise where the shapes, colours, aromas and wisdom of the pre-Hispanic past merge with contemporary expressions, thus creating a mosaic of exchanges, dialogues and social discussions of our times that offer unique experiences to its residents and visitors. Oaxaca is currently a source of inspiration for artists, designers, and art lovers, and a space for growth and learning for creators. In Mexico, design has always existed everywhere: in the corner shop, in the markets, in the gardens and, in general, in everyday life; we are a culture that is inclined to the visual. The inspiration comes from what we know: from religion, food, nature, customs and traditions; from our Mexican universe. It is precisely that inspiration that has currently led artisans and designers to generate innovative and trendy proposals. The mixture of the knowledge of both of them, the processes that each one generates, culminates in what many call “Mexican design”.



STRUCTURE AND CONTENT

This trip will allow participants to know and reflect on the context in which this phenomenon of the intersection between crafts, design and art is developing.

There will be:

- + meetings with artisans, designers and artists.
- + practical workshops to explore different materials and techniques such as wood, clay, textile, tin, engraving.
- + visits to archaeological sites.
- + living experiences related to gastronomy and Oaxaca's biodiversity.

The trip lasts two weeks, including weekends. The schedule of activities per day is approximately 8 hours, except for two days in which the activities will be shorter to give participants the opportunity to rest and do their own activities.

TEACHING STAFF

Programme leader: Carmen Malvar

Professors: Ana Paula Fuentes Quintana

→ For more info, please contact us at director@cadafoundation.com or visit our website cadafoundation.org

Itinerary

DAY 1

- + Welcome dinner / Restaurant
- + La Biznaga / City of Oaxaca

DAY 2

Tour of the city of Oaxaca:

- Innovating tradition / social company of potters and designers
- Madda Studio / Contemporary artisan textiles, natural dyes
- Oaxaca Textile Museum
- Lunch at Restaurante Cabuche
- Benito Juárez market and 20 november

DAY 3

- + Tlacolula Market (the biggest and most important market in Valles Centrales)
- + Traditional cuisine workshop (mole, tortillas, sopa de guías, chocolate) / Santa Ana del Valle
- + Lunch at home

DAY 4

- + Archaeological area Mitla
- + Red mud workshop with cooperative Las Mujeres de Barro Rojo / San Marcos Tlapazola
- + Lunch at home

DAY 5

- + Hierve el Agua National Park
- + Oaxi-fornia / project in collaboration with artisans and designers
- + Tlacoahuaya Church (most important frescos and organ in Valles Centrales)
- + Lunch at Rancho La Mojarra / Tlacoahuaya

DAY 6

- + Workshop dyeing natural wool with natural dyes / Centro de Arte Textil Zapoteco Bii Dauu / Teotitlán del Valle
- + Lunch at home

DAY 7

- + Monte Alban archaeological area
- + Visit to a goldsmithing workshop / filigree technique
- + Lunch on your own

DAY 8

- + Xaquixe Studio / social company of blown glass artisans and designers
- + Practical workshop of handmade paper and binding / San Agustín Etla
- + Lunch at Restaurante Aleli / San Agustín Etla
- + San Agustín Arts Center

DAY 9

- + Engraving practical workshop / La Buena Impresión workshop / French press from year 1909 / NGO 3 lithographies and 5 engravings in MDF (Previous sketches)
- + Lunch at restaurant I love Tlayudas / City of Oaxaca

DAY 10

- + Santo Domingo Cultural Centre and Museum of Cultures of Oaxaca / Ex convent in Santo Domingo de Guzmán
- + Lunch on your own
- + If these two places are not open, another option would be considered, or free day

DAY 11

- + Palenque Real Minero / social company that produces handmade mezcal / Santa Catarina Minas
- + Lunch at the palenque

DAY 12

- + Practical workshop of wooden masks / Matlacihua Arte San Martín Tilcajete
- + Lunch at home

DAY 13

- + Caricias de seda / family workshop of making natural silk products. Spinning processes, weaving in waist loom and dyed with natural inks / San Pedro Cajonos.
- + Lunch in the same community.

DAY 14

- + Tin and copper practical workshop / Favián Pacheco familiar workshop
- + Lunch on your own

DAY 15

- + Navarro family / Backstrap loom family workshop / Santo Tomás Jalieza
- + Zagache project / social company wooden and gold laminated product elaboration / innovations with artists / Santa Ana Zagache
- + Lunch at Ocotlán market
- + Goodbye dinner at restaurant El Típico / City of Oaxaca

DAY 16

- + Students leave

Practical information

LANGUAGE

Knowledge of Spanish is not necessary; a translator is always on hand. If you speak a little Spanish it will enhance your visit. Mexicans are extremely hospitable and patient.

DOCUMENTATION/PASSPORT & MEXICAN TRAVEL VISA

Citizens traveling to Mexico are required to carry a current passport (for participants from Spain, please check the requirements at the [Mexican Embassy in Spain](#)).

It is your responsibility to obtain proper documentation. Participants must contact your embassy, consulate or national airline of the country you are traveling to for entry requirements.

Most travelers need a Mexican Visa to travel in Mexico. Confirm these conditions with your embassy. This document, called Forma Migratoria Múltiple will be given to you on the airplane as you fly into Mexico and stamped as you go through customs. Keep this visa safe. If you lose it you will be fined and possibly delayed as you leave the country.

CASH & MONEY EXCHANGE

We recommend bringing an ATM or debit card for accessing money. ATM machines are ample and modern and available in most of the towns we stay in. You may also bring cash or travelers' cheques to exchange for pesos at banks or exchange houses,

but there will be limited access to these. Most places won't accept credit cards for purchases, though you can use them at an ATM machine or bank to get cash if you know your pin. Non-Mexican pesos are not accepted for purchases in southern Mexico and personal cheques are worthless here.

FLIGHTS & ARRIVAL

Flights are not included on the price. You should arrive on September 2nd to Oaxaca. There will be a welcome dinner the night of Sept 2nd.

HOTEL

Shared double rooms.
Breakfast and lunch included (dinner not included).

DRESS AND BEHAVIOUR

Some of the villages and homes we will be visiting are very traditional. Though there are no taboos, it is respectful to dress conservatively. Shorts, short dresses, sleeveless shirts, tank tops, and tight-fitting clothing are not recommended in the villages. Dress in larger cities or in coastal towns is less conservative. A sun hat is highly recommended.

To promote your personal safety, we recommend maintaining a low profile, aside dressing discreetly, not wearing jewelry, expensive equipment, travelling with limited amount of cash, etc. Consumption

Practical information

of alcohol should be in compliance with local regulations, remembering that alcohol consumption in public should be responsible and moderate to avoid vulnerability or unsafe situations. We strongly advise not to bring into the country, consume or purchase any drugs.

EXTRA TIME

During your we will be seeing and doing things that tourists never get to do, but you might also want to take some time to do what tourists do: see the ruins and golden churches, wander the museums, galleries, and markets, stroll aimlessly in the amazing central park, head for the quiet Pacific coast...we highly recommend making the most of your trip and scheduling some extra time here before or after your tour.

HEALTH CONCERNS

Please read the U.S.A. [Center for Disease Control](#) or your national Health Department recommendations for travel in Mexico and consider consulting your doctor about your specific needs.

The most common health issue in Mexico for tourists is traveler's diarrhea caused by microbes our guts are not accustomed to. Washing hands before meals is an excellent preventative measure and it is a good idea to bring hand wipes or no-water soap. We generally have

pure water available in the van and bottled water is readily available in stores. Dehydration is a common problem with diarrhea. Gatorade is a decent rehydration drink and is available in Mexico. For a better quality rehydrant consider traveling with powdered Hydralite or equivalent.

If you are taking prescription medicine, bring your own supply, including a copy of your prescription. Bring an extra pair of glasses if you use them.

In case of accident, injury, illness or theft, you may want to consider taking out travelers insurance if your policy doesn't cover such things.

MEDICAL REQUIREMENTS

Good physical and mental health are essential for the enjoyment of these rural workshops and trips. You may travel in rugged areas removed from modern medical facilities. Good physical conditioning is recommended as preparation for all trips. By forwarding the deposit and signed Reservation Form, the passenger certifies that he/she does not have any physical or other condition of disability that would create a hazard for him/herself or other passengers. It is essential that any participant with a medical condition requiring regular treatment or which may be affected

Practical information

by moderate physical activity, high altitude, heat, cold, humidity, dust, other natural phenomena, unsanitary conditions or particular foods, notifies CADA FOUNDATION and the trip leaders, in writing, in advance of travel.

CADA FOUNDATION assumes no liability for medical care nor for special dietary requirements. Participants may be required to furnish a doctor's statement of good health. The judgment of CADA FOUNDATION or the local operator or guide shall make the ultimate determination of an individual trip participant's fitness to embark upon or to continue a trip.

Medical circumstances will not be considered as exceptions to our cancellation policy. All participants must be covered by a current medical insurance policy applicable for overseas travel for the duration of their trip, under their responsibility. Proof of coverage may be required.

CONTACT INFORMATION

All participants must fill out the participation form, which includes personal contact information of two persons who should be notified in case of emergency, including basic healthcare information: blood type information and specific medicine allergies (for instance: aspirin, penicillin, etc), medications, health condition.

CADA FOUNDATION is a platform whose aim is to foster and facilitate local artisans and suppliers becoming part of the local and global economy, aiming at sustainable models of co-creation based on a dialogue with the different communities' artisan approach. The Foundation's main goal is to achieve a local and global outreach without the loss of identity, helping to reinforce the communities while still achieving design's main goal: providing a service.

Oaxaca is one of the cradles of Mexican art and craftsmanship. Both a biosphere and artistic microcosm, here ancestral knowledge and techniques coexist with contemporary concerns. Led by CADA FOUNDATION, this will be the first educational exchange between mexican artisans and international students, teachers and professionals from all creative disciplines.

This program will put participants in touch with designers and craftspeople which in many cases are working with unique, ancestral craftsmanship, particular to their community and aligned with their cosmovision and culture.